

## LASER SERVICES

### Photo Rejuvenation Facial (45 mins.)

Double cleanser, laser treatment, mask, and finished off with creams  
Single: **\$190** | Package of 3: **\$500** | Package of 6 (plus 1 free): **\$825**

### Cellulite Therapy (15 mins. - 45 mins.)

Single: **\$165** | Package of 3: **\$375** | Package of 6 (plus 1 free): **\$700**

## LASER HAIR REDUCTION

### Brow or Upper Lip (15 mins.)

Single: **\$45** | Package of 3: **\$125** | Package of 6 (plus 1 free): **\$230**

### Sideburns (15 mins.)

Single: **\$50** | Package of 3: **\$135** | Package of 6 (plus 1 free): **\$245**

### Chin (15 mins.)

Single: **\$60** | Package of 3: **\$165** | Package of 6 (plus 1 free): **\$315**

### Full Face (30 mins.)

Single: **\$135** | Package of 3: **\$350** | Package of 6 (plus 1 free): **\$600**

### Under Arm (15 mins.)

Single: **\$95** | Package of 3: **\$280** | Package of 6 (plus 1 free): **\$540**

### Bikini (15 mins.)

Single: **\$115** | Package of 3: **\$300** | Package of 6 (plus 1 free): **\$570**

### Brazilian (30 mins.)

Single: **\$200** | Package of 3: **\$400** | Package of 6 (plus 1 free): **\$750**

### Half Arm (15 mins.)

Single: **\$135** | Package of 3: **\$350** | Package of 6 (plus 1 free): **\$600**

### Full Arm (30 mins.)

Single: **\$200** | Package of 3: **\$500** | Package of 6 (plus 1 free): **\$800**

### Half Leg (30 mins.)

Single: **\$195** | Package of 3: **\$525** | Package of 6 (plus 1 free): **\$850**

### Full Leg (45 mins.)

Single: **\$375** | Package of 3: **\$700** | Package of 6 (plus 1 free): **\$1,200**

### Full Back/Full Chest (45 mins.)

Single: **\$275** | Package of 3: **\$750** | Package of 6 (plus 1 free): **\$1,000**

### Full Back/Full Chest with Shoulders (60 mins.)

Single: **\$300** | Package of 3: **\$775** | Package of 6 (plus 1 free): **\$1,200**

### Abdomen (15 mins.)

Single: **\$140** | Package of 3: **\$375** | Package of 6 (plus 1 free): **\$690**

### Linea (15 mins.)

Single: **\$55** | Package of 3: **\$150** | Package of 6 (plus 1 free): **\$275**

### Buttocks (15 mins.)

Single: **\$140** | Package of 3: **\$375** | Package of 6 (plus 1 free): **\$690**

### Fingers/Toes (15 mins.)

Single: **\$40** | Package of 3: **\$100** | Package of 6 (plus 1 free): **\$200**

## TINTING

**Brow Tint (15 mins.)** ..... **\$25**

**Lash Tint (30 mins.)** ..... **\$40**

## MAKEUP

**Makeup (1 hour - plus)** ..... **\$75 and up**  
Call ahead to save your make up spot with Kristen

## LASH EXTENTIONS

**New Volume Set (1 hour 45 mins.)** ..... **\$200**

**Volume Set Fill (1 hour 15 mins.)** ..... **\$80**

**New Natural Set (1 hour)** ..... **\$160**

**Natural Set Fill (45 mins.)** ..... **\$65**

**2 Week Fill (45 mins.)** ..... **\$50**

## PACKAGES

**Regular Manicure/Regular Pedicure/ Customized Facial (3 hours 15 mins.)** ..... **\$245**

**Spa Manicure/Spa Pedicure (2 hours 45 mins.)** ..... **\$105**

**Shellac Manicure and Shellac Pedicure (2 hours 15 mins.)** ..... **\$125**





# PARADISE

Spa | Coffee Bar



**AESTHETICS**  
**MASSAGE THERAPY**  
**LASER THERAPY**  
**HAIR STYLIST**  
**TANNING**  
**ESPRESSO & WINE BAR**

2958 Henderson Highway, East St Paul | T. 204.661.1444  
Follow us on:   @paradisepacoffee | paradisespamb.ca



## MANICURES

- Spa Manicure (1 hour 15 mins.)** ..... \$55  
Soak the nails, cut/ file nails, cuticule work, exfoliation, massage, paraffin treatment, polish
- Regular Manicure (45 mins.)** ..... \$45  
Soak the nails, cut/file nails, cuticule work, massage, polish
- Express Manicure (30 mins.)** ..... \$32  
Soak the nails, cut/file nails, cuticule work, polish
- Sport Manicure (30 mins.)** ..... \$29  
Soak the nails, cut/file nails, cuticule work, massage
- Polish Change (30 mins.)** ..... \$20  
Cut file nails, polish
- Child's Manicure (30 mins.)** ..... \$20  
Soak the nails, cut/file nails, massage, polish and nail art
- New Gel Set (1 hour 30 mins. - 2 hours)** ..... \$90  
Cut/file nails, cuticule work, nail enhanments, polish and massage
- Gel Fill (1 hour 30 mins.)** ..... \$80  
Cut/file nails, cuticule work, nail enhanments, polish and massage
- Soak Off Gel Manicure (1 hour 15 mins.)** ..... \$58  
Cut/file nails, cuticule work, gel polish, and massage
- Shellac Manicure (1 hour)** ..... \$55  
Cut/file nails, cuticule work, shellac polish, and massage
- Shellac Removal (30 mins.)** ..... \$16  
Removal of shellac, nails cut and filed
- Gel Removal (30 mins.)** ..... \$27  
Removal of shellac, nails cut and filed

## PEDICURES

- Regular Pedicure (1 hour 30 mins.)** ..... \$70  
Soak the feet, cut/file nails, cuticule work, callus work, scrub to the ankle, massage, polish
- Sport Pedicure (45 mins.)** ..... \$55  
Soak the feet, cut/file nails, cuticule work, callus work, scrub to the ankle, massage
- Toe Cure (45 mins.)** ..... \$52  
Soak the feet, cut/file nails, cuticule work, massage and polish
- Express Pedicure (30 mins.)** ..... \$45  
Soak the feet, cut/file nails, cuticule work, polish
- Polish Change (30 mins.)** ..... \$25  
Cut/file the nails, polish
- Child's Pedicure (30 mins.)** ..... \$25  
Soak the feet, cut/file nails, massage, polish and nail art
- Shellac Pedicure (1 hour 15 mins.)** ..... \$70  
Soak the feet, cut/file nails, cuticule work, callus work, scrub to ankle, shellac polish, and massage
- Delux Pedicure (1 hour 30 mins.)** ..... \$75  
Your choice of 3 scents  
Soak the feet , cut/ file nails cuticule work callus work ,sugar scrub up to the knee mask and massage finished with polish

## ADD ONS

- Add French (extra 15 mins.)** ..... \$15
- Add Hot Paraffin Wax (extra 15 mins.)** ..... \$15  
Super hydrating treatment that helps with dry feet, cracks, and arthritis

## FACIAL

- Customized Facial (1 hour 30 mins.)** ..... \$140  
Products customized to your skin type: double cleanser, exfoliant, steam, extractions, massage, mask, hand and arm scrub and massage, finished off with creams
- Tranquility Facial (1 hour 15 mins.)** ..... \$120  
Double cleanser, exfoliant, steam, extractions, massage, mask, massage on legs while mask is on, finished off with creams
- Deep Cleaning Facial (1 hour)** ..... \$105  
Double cleanser, exfoliant, steam, extractions, mask, finished off with creams
- Back Facial (1 hour)** ..... \$100  
Double cleanser, exfoliant, steam, extractions, massage, mask, finished up with creams
- Teen Facial (1 hour)** ..... \$85  
19 & under can enjoy this service
- Age Smart Facial** ..... \$150  
Products exclusively used from the Age Smart line for mature and aging skin. Double cleanse, chemical exfoliation, steam, extractions , massage, mask, hand and arm scrub



## RMT MASSAGE

**DIRECT BILLING  
TO BLUE CROSS**

- 30 min. - \$65    45 min. - \$75    60 min. - \$95    90 min. - \$140

## RELAXATION MASSAGE

- 30 min. - \$50    45 min. - \$60    60 min. - \$75    90 min. - \$105

## BODY TREATMENTS

- Lavender Body Polish (1 hour 15 mins.)** ..... \$125  
Whole body Dry Brushing, followed by a lavender coconut oil massage, ending treatment wrapped up in hot towels

## WAXING

- Lip/Chin/Cheek** ... \$17 each  
(10 mins. Each)
- Brow (15 mins.)** ..... \$22
- Under Arm (10 mins.)** ... \$25
- Half Arm (30 mins.)** ..... \$40
- Full Arm (45 mins.)** ..... \$50
- Half Leg (30 mins.)** ..... \$45
- Full Leg (1 hour)** ..... \$60
- Bikini (30 mins.)** ..... \$40
- Extended Bikini** ... \$45&up  
(30 mins.)
- Brazilian (45 mins.)** ..... \$65
- Back Wax (1 hour)** ..... \$55
- Chest Wax (1 hour)** ..... \$55
- Shoulder Wax** ..... \$25  
(15 mins.)